

# The Garden Room

## Breakfast Menu

Our team will arrange fresh Juice, toast and tea or coffee for you, please feel welcome to help yourself to our buffet but if you would prefer our help, please do ask.

Please also note that items from the kitchen are prepared fresh to order, as such waiting times may vary.

*My wife and I tried two or three times in the last few years to have breakfast together but it was so disagreeable we had to stop.*

**Sir Winston Churchill**

# JING TEA

A selection of our JING teas which we believe are perfectly suited to mornings.

## **Assam Breakfast**

Statuesque and broad with plenty of structure and malty richness.

## **Earl Grey**

Refreshing and bright, with citrus freshness lifting the rich

## **Darjeeling Second Flush**

Light, crisp and refreshing with a graceful citrus lift..

## **Organic and Fair Trade Jade Sword Green Tea**

Clean, rounded, full and grassy with faint seaweed complexities.

## **Whole Chamomile Flowers**

Mellow floral depths with gentle and cleansing bitter complexities.

## **Peppermint Leaf**

Insistent and deep minty flavours with an intensely perfumed finish.

# COFFEE

Freshly Brewed Coffee

Freshly Brewed Decaffeinated Coffee

## Speciality Coffee

Americano	£4.00
Cappuccino	£4.00
Mocha	£4.00
Single Espresso	£3.25
Double Espresso	£4.00
Latté	£4.00

## Alternatives

Snapper – Brokers 47% Gin, Stoke Tomato Mix, Spice and herbs	£8.50
Bloody Mary – Belvedere Vodka, Stoke Tomato Mix, Spice and herbs	£9.50
Champagne – A Royal Breakfast has to be Laurent Perrier	£9.50
Bucks Fizz – Laurent Perrier and Freshly Squeezed Orange	£10.50

# **From The Garden Room Buffet**

## **Fruits**

Freshly Prepared Fruit

Fruit Salad

Orange Segments

Pink Grapefruit Segments

## **Yoghurts**

Natural Yoghurts

Greek Yoghurts

Fruit Yoghurts

## **Purées**

Selection of Strawberry and Pear Purées

Mixed Berry Compote

## **Pastries**

Croissants and Danish Pastries

## **Dried Fruits**

Papaya

Pineapple

Mango

Banana

## **Cereals**

Selection of Cereals and Muesli

Apple and Cinnamon Crunch

Fruit Granola

Organic Rich Muesli

Cornflakes

Bran flakes

Gluten Free Muesli

Gluten Free Strawberry Granola

## From the Kitchen

Traditional English Breakfast

Egg as you like it, Tomato, Bacon, Sausage, Black Pudding and Mushrooms

Traditionally prepared Porridge with Honey

Mature Cheddar Cheese and Mushroom Omelette

Essex Sweet Cured Back Bacon and Egg Sandwich

Served on Rustic Bread

Fried Kippers and Poached Eggs

Boiled Eggs and Toast

French Toast, Treacle Smoked Back Bacon

**The following are available for a supplement of £3.50**

Stoke Place Breakfast

Eggs as you like them, , 2 Bacon, 2 Sausage, 2 Black Pudding, Lots of Tomato and Mushrooms

Eggs Benedict

## Smoked Salmon Eggs Florentine

Guests not staying with us, or enjoying a stay on a 'room only' basis are welcome to join us for breakfast, the tariff is below:

**Continental Breakfast    £10.00**

Your choice from our continental breakfast buffet

**Full English Breakfast    £15.00**

Choose from both the continental breakfast buffet and dishes from the kitchen

Stoke Place cannot guarantee that any dish does not contain nuts. Some cheeses served are un-pasteurised.

If you have any allergies please inform us prior to ordering and we will try recommending a suitable dish.  
All prices are inclusive of VAT at 20%