

marie claire

HOT NEW TRENDS YOU'LL LOVE

JESSICA ENNIS
*'I've tasted second
and I don't like it'*

**2
FOR £6**
ON ANY RED DOT
MAGAZINES
TESCO

SEX & BETRAYAL
**'I FELL IN LOVE
WITH MY
BEST FRIEND'S
HUSBAND'**

**THE
JEANS
TO WEAR
NOW**
(Sexy &
Flattering)

HEALTH
**How To
Stop Stress
Sabotaging
Your Diet**

2012 Britain's Most Exciting Year!

**SMART,
SEXY &
READY
TO KILL**
Life As A
Female
Bodyguard

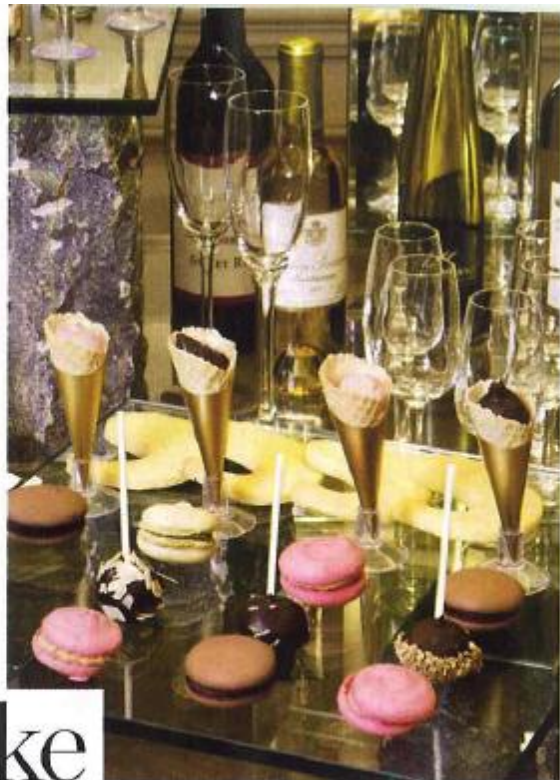




Let Us Eat Cake

Party season might be over but we're still propping up the bar – for dessert, that is...

Screw the detox, and the diet. There's only one 'd' that'll get us through January, and that's dessert. Perfect timing for a new wave of 'bars' catering for just that, then. In London, we love **The Pudding Parlour** (top right) at The Athenaeum, which might have something to do with 2010 *Great British Bake Off*'s winner Edd Kimber's Pudding Of The Month. Yum! Watch pastry chefs at work on your tiramisu at **The Dessert Bar** at Pollen Street Social, while Couture chocolatier William Curley has also muscled in (to our



delight) with the **William Curley Dessert Bar**. Afternoon tea gets a new year's cool-over, too. There's not a cupcake in sight at Soho's **Hix**, which serves luxury 'crumpets and tea', or for something equally subversive, Men's Afternoon Tea at **The Mandeville Hotel** is served with whisky tea and board games. For a cuppa with a side order of kitsch, try Brighton's **The Tea Cosy**, while **Leaf Tea Shop And Bar** in Liverpool (top left) combines 24 types of loose-leaf tea with exhibitions and live music.

WE LOVE... The Fabulous Baker Boys. *We thought nothing could replace The Great British Bake Off in our affections – until we met Tom and Henry! In a new Channel 4 show, the gorgeous Gloucestershire brothers don't eat all the pies, they bake them. Here's hoping this will catch on.*



Words by Martina Hayes

Deluxe
Going Out

Raising the bar

Often associated with boring business trips, it's no wonder hotel bars get a bad rap. But that's set to change with a flurry of new boutique bars opening nationwide. In Bucks, check out **The Garden Bar at Stoke Place**. Housed in the 17th-century house, this chic countryside getaway is ideal for ladies (of the manor) who want to curl up on the sofa with a cocktail. Or try **Layla** in Liverpool – a five-star boutique hotel created out of restored 1920s buildings – for its NY-style bar, **Madison's**. We're also counting down till the grand opening of **The Wellesley**, Knightsbridge, later in the year – a prohibition-style Jazz Room? We're never checking out.



Cocktails at Stoke Place anyone?



TOO COOL FOR SCHOOL

Fancy gutting a fish or butchering a pig? Whatever your New Year's resolution, there's a foodie masterclass to match.



Knives at the ready

Follow seafood supreme Aldo Zilli (left) to London's Billingsgate Fish Market before cooking (and eating) your expertly prepped fish at his Soho restaurant and washing it down with a glass of prosecco (zillirestaurants.co.uk/master-classes).

Go hunting for...

...wild food in West Cornwall (fathen.org). Talk about magic mushrooms! Foraging? It's the new surfing, don't you know.

Trot along...

...to Dorset to Hugh Fearnley-Whittingstall's River Cottage (right) for the enticingly titled 'Pig in a day' class (rivercottage.net) – you can even take your sausages and chorizo home in a doggie bag.

