

## From the Buffet

### Drinks

Orange, cranberry or apple juice  
English breakfast tea or Filter coffee

### Cereals

Cornflakes, alpen, bran flakes,  
rice krispies, weetabix

Milk available:

Semi skimmed, almond or soya

Selection of cold meat and cheese

Fruit yogurt or natural yogurt

Selection of viennoiserie

Selection of jam strawberry, apricot,  
orange marmalade or honey

Butter, flora

Toast

white or brown

Please order to our staff

## Cooked Breakfast

### Full English

Cumberland sausage, bacon, black pudding, grilled tomato,  
mushroom, hash brown, baked beans, choice of scrambled,  
poached or fried egg

### Vegetarian full English

Vegetarian sausage, grilled tomato, mushroom,  
hash brown, spinach, baked beans,  
choice of scrambled, poached or fried eggs

### Toasted English muffin

poached egg & hollandaise sauce with

**Benedict** – cured ham

**Florentine** – buttered spinach

**Royale** – smoked salmon

Avocado & sun blushed tomato

### Waffle

Served with bacon and maple syrup  
or Fruits of the Forest coulis

### Grilled kipper

**£17.95 per person**



# The King & Lamb

# Breakfast Menu